



Study Apps, Websites, Software

Prepared by the staff of the Bureau of Study Counsel, Harvard University*

The following apps have been recommended to us by students, staff, and faculty. We don't endorse or recommend any specific app; let your own experience and judgment help you determine which tools work best for you and for which purposes. Resist having technology be a means of procrastination. (A word to the wise: if you spend more time creating tasks in your task tool than doing your work, rethink your approach!) Feel free to send us your own favorite apps for inclusion in future editions of this handout: bsc@harvard.edu.

Blocking the Internet

- SelfControl <http://selfcontrolapp.com> (for Macs)
- Freedom <http://www.macfreedom.com> (for PCs)
- Stayfocusd Google Chrome addon
- Leechblock Firefox addon
- Freedom <https://freedom.to/>

Managing Tasks & Priorities

- Google Calendar <https://www.google.com/calendar>
- Toodledo <http://www.toodledo.com>
- Voo2do <http://www.voo2do.com>
- Remember the Milk <http://www.rememberthemilk.com>
- Wunderlist <http://wunderlist.com>
- If this then that <https://ifttt.com>
- Priority Matrix <https://appfluence.com>

Schedule & Tracking Time

- Pomodoro Technique <http://www.pomodorotechnique.com>
- FocusBooster <http://focusboosterapp.com>
- Tomato Timer <https://tomato-timer.com>
- Doodle <http://doodle.com>
- Chronos <https://www.getchronos.com>
- Rescuetime <https://www.rescuetime.com>

Writing

- Write or Die <http://writeordie.com>
- Scrivener <http://www.literatureandlatte.com/scrivener.php>
- Forest <https://www.forestapp.cc/en>
- Written?Kitten! <http://writtenkitten.net>

Making Notes

- Evernote <http://evernote.com>
- Penultimate <http://evernote.com/penultimate/>
- Livescribe Smartpen* <http://www.livescribe.com>*

* *Always get prior permission before recording someone.*

Mapping Concepts

- Simplemind <http://www.simpleapps.eu/simplemind>
- iMindMap <https://imindmap.com/software/>

* This handout, prepared by Jinai Gordon, builds upon an earlier version called "Technology Tips," prepared by Claire Shindler and Jennifer Page Hughes.

Managing References and Citations

- Zotero <https://www.zotero.org>
- Refworks <http://refworks.com>
- Endnote <http://endnote.com>
- Mendeley <http://www.mendeley.com>
- OWL at Purdue <https://owl.english.purdue.edu/owl>
- Bibme <http://www.bibme.org>
- Also: free apps offered by Harvard Libraries >Research Support

Studying

- BSC website <http://bsc.harvard.edu/pages/bsc-publications>
- Study Hacks <http://calnewport.com/blog>
- Khan Academy <https://www.khanacademy.org>
- Quizlet <https://quizlet.com>
- TedEd <https://ed.ted.com>

Learning Language

- Duolingo <https://www.duolingo.com>

Converting Text to Speech

- NaturalReader <http://www.naturalreaders.com/index.html>

Converting Speech to Text

- Dragon Naturally Speaking <http://www.nuance.com/for-business/by-product/dragon/dragon-anywhere/index.htm>
- Speechnotes <https://speechnotes.co/>

Building Vocabulary

- Rewordify <https://rewordify.com>

Calming, Concentrating (background noise to promote sleep, calm, or concentration)

- Play Noise <http://playnoise.com>

Sleeping

- f.lux <https://justgetflux.com>
- Sleepcycle <https://www.sleepcycle.com>

Waking Up

- Alarmy (Sleep If You Can) <http://alar.my>

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