Study Apps, Websites, Software
Prepared by the staff of the Bureau of Study Counsel, Harvard University*

The following apps have been recommended to us by students, staff, and faculty. We don’t endorse or recommend any specific app; let your own experience and judgment help you determine which tools work best for you and for which purposes. Resist having technology be a means of procrastination. (A word to the wise: if you spend more time creating tasks in your task tool than doing your work, rethink your approach!) Feel free to send us your own favorite apps for inclusion in future editions of this handout: bsc@harvard.edu.

Blocking the Internet
- SelfControl http://selfcontrolapp.com (for Macs)
- Freedom http://www.macfreedom.com (for PCs)
- Stayfocusd Google Chrome add-on
- Leechblock Firefox add-on
- Freedom https://freedom.to/

Managing Tasks & Priorities
- Google Calendar https://www.google.com/calendar
- Toodledo http://www.toodledo.com
- Voo2do http://www.voo2do.com
- Remember the Milk http://www.rememberthemilk.com
- Wunderlist http://wunderlist.com
- If this then that https://ifttt.com
- Priority Matrix https://appfluence.com

Schedule & Tracking Time
- Pomodoro Technique http://www.pomodorotechnique.com
- FocusBooster http://focusboosterapp.com
- Tomato Timer https://tomato-timer.com
- Doodle http://doodle.com
- Chronos https://www.getchronos.com
- Rescuetime https://www.rescuetime.com

Writing
- Write or Die http://writeordie.com
- Scrivener http://www.literatureandlatte.com/scrivener.php
- Forest https://www.forestapp.cc/en
- Written?Kitten! http://writtenkitten.net

Making Notes
- Evernote http://evernote.com
- Penultimate http://evernote.com/penultimate/
- Livescribe Smartpen* http://www.livescribe.com*
* Always get prior permission before recording someone.

Mapping Concepts
- Simplemind http://www.simpleapps.eu/simplemind
- iMindMap https://imindmap.com/software/

* This handout, prepared by Jinai Gordon, builds upon an earlier version called “Technology Tips,” prepared by Claire Shindler and Jennifer Page Hughes.
Managing References and Citations

- Zotero  https://www.zotero.org
- Refworks  http://refworks.com
- Endnote  http://endnote.com
- Mendeley  http://www.mendeley.com
- OWL at Purdue  https://owl.english.purdue.edu/owl
- Bibme  http://www.bibme.org
- Also: free apps  http://library.harvard.edu/offered by Harvard Libraries

>Research Support

Studying

- BSC website  http://bsc.harvard.edu/pages/bsc-publications
- Study Hacks  http://calnewport.com/blog
- Khan Academy  https://www.khanacademy.org
- Quizlet  https://quizlet.com
- TedEd  https://ed.ted.com

Learning Language

- Duolingo  https://www.duolingo.com

Converting Text to Speech

- NaturalReader  http://www.naturalreaders.com/index.html

Converting Speech to Text

- Speechnotes  https://speechnotes.co/

Building Vocabulary

- Rewordify  https://rewordify.com

Calming, Concentrating (background noise to promote sleep, calm, or concentration)

- Play Noise  http://playnoise.com

Sleeping

- f.lux  https://justgetflux.com
- Sleepcycle  https://www.sleepcycle.com

Waking Up

- Alarmy  http://alar.my

(Sleep If You Can)

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