



Note-Making Self-Assessment: What Approaches Do You Use?

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To prepare for a lecture or for reading, I: (pick what applies to you)

- prepare by reviewing the readings to get an overview of the topics, main ideas and to identify the author's questions and my questions.
- review the readings, but don't typically formulate the main ideas, identify my questions, or the author's questions.
- tend to get done whatever I can but don't usually have time to process the information beforehand.
- other?:

When I'm in lecture, I: (pick what applies to you)

- can identify the speaker's main ideas.
- write down the important ideas that I might want to remember later.
- get very sleepy and have trouble staying awake.
- take copious notes, trying to get down on paper everything the speaker is saying.
- go to lecture, but tape the lecture or plan to watch a video of the lecture in order to take notes.
- make notes that include my own ideas and questions in the margin.
- make diagrams that visually connect the ideas being presented.
- other?:

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When I'm reading, I: (pick what applies to you)

- use a highlighter to mark up the text.
- write down the main ideas and my questions.
- write a summary of the main points.
- take copious notes to make sure I capture all the detail.
- get very sleepy and distracted and will get up to do other things in the middle.
- other?

You might be interested to explore your responses and discuss strategies for effective note-making with a BSC academic counselor. To schedule an appointment, call 617-495-2581, or stop by the Bureau at 5 Linden Street.

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